



**AT THE
NYRR FROSTY 5K**

STAGE 1

DECEMBER 14, 2024 • PROSPECT PARK
#RisingNYRR

SCHEDULE

8:00 a.m.	Stage 1	Age 2	75 feet
8:08 a.m.	Stage 1	Ages 3-4	150 feet
8:16 a.m.	Stage 1	Ages 5-6	400 feet
8:24 a.m.	Stage 1	Ages 7-8	650 feet
8:32 a.m.	Stage 1	Ages 9-11	750 feet



KEY	
Finish	RACE-DAY CENTRAL
Course route	Registration
Family reunion	Souvenirs
Medical	Baggage
	Toilets
	Volunteer check-in