

SCHEDULE

9:30 a.m.	All stages	Activities open
10:00 a.m.	Stage 3	1.5 miles
10:20 a.m.	Stage 2	1 mile
10:45 a.m.	All stages	Activities close

STAGE 2 & 3



AT THE NYRR VAN CORTLANDT PARK CROSS COUNTRY #2

OCTOBER 6, 2024 VAN CORTLANDT PARK #RisingNYRR

KEY		
	<u>Start</u> Stage 2	
	Start Stage 3	
	Finish Adults and Stages 2 and 3	
>> >>	Stage 2 course	
>> >>	Stage 3 course	
7 3	Toilets	
	Medical aid	
2	Family reunion	
	Bus pickup	
ļ	RACE-DAY CENTRAL	
0000	Number pickup	
	Bag check	
θ	Souvenir pickup	

