

# STAGE 2 & 3



## AT THE NYRR VAN CORTLANDT PARK CROSS COUNTRY #1

SEPTEMBER 29, 2024  
VAN CORTLANDT PARK  
#RisingNYRR



**KEY**

- Start**  
Stage 2
- Start**  
Stage 3
- Finish**  
Adults and Stages 2 and 3
- Stage 2 course**
- Stage 3 course**
- Toilets**
- Medical aid**
- Family reunion**

**RACE-DAY CENTRAL**

- Number pickup**
- Bag check**
- Souvenir pickup**

### SCHEDULE

<b>9:30 a.m.</b>	All stages	Activities open
<b>10:00 a.m.</b>	Stage 3	1.5 miles
<b>10:20 a.m.</b>	Stage 2	1 mile
<b>10:45 a.m.</b>	All stages	Activities close