

Please note that dashes for age groups within Stage 1 will start on a rolling schedule; refer to the estimated start times listed below.

SCHEDULE

9:45 a.m.	Stage 1	Age 2	75 feet
9:53 a.m.	Stage 1	Ages 3–4	150 feet
10:01 a.m.	Stage 1	Ages 5–6	400 feet
10:09 a.m.	Stage 1	Ages 7–8	650 feet
10:17 a.m.	Stage 1	Ages 9–11	750 feet

STAGE 1



CITIZENS QUEENS 10K

JUNE 15, 2024 FLUSHING MEADOWS CORONA PARK #RisingNYRR

KEY			
	Stage 1 finish		
>> >>	Stage 1 course route		
3	Toilets		
	Medical aid		
•	Family reunion		
•	Volunteer check-in		
	RACE-DAY CENTRAL		
0000	Number pickup		
	Bag check		
θ	Souvenir pickup		
6	Festival area		

Participants should report to the staging area for each age group **15 minutes** before the start of their run. Staff will walk participants to the start line. On race day, number pickup will be available from 8:30 a.m. to 10:00 a.m. for Stage 1.

NY RR NEW YORK ROAD RUNNERS