

Participants practice their throwing by pretending to throw "fruit" (beanbags) in a "fruit basket" (hoop).

## Setup

- Set up several large hoops around the outside of the playing area as fruit baskets.
- Place colored beanbags all over the open area .



## Instructions

- Say "Oh, no! All the fruit fell out of the basket!"
- Ask participants to move using different locomotor movements to pick up one beanbag (piece of fruit) at a time and toss it into the baskets (hoops).
- Have the participants call out the name of the fruit they are tossing into the basket.
- Variation: Have participants match colored beanbags to the same colored hoop.

## Cues

- Watch out for others.
- Gentle tossing.