## ICAHN STADIUM, RANDALL'S ISLAND SATURDAY, APRIL 29, 2023



#RisinaNYRR



### **REGISTRATION OPENS: 8:00 A.M.** ROTATION 10-11 YRS 14-18 YRS TIME 12-13 YRS

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8:55 A.M.	1	YOUTH WHEELCHAIR – 400-METER					
9:00 A.M.	2	100-METER	100-METER	SHOT PUT		LONG JUMP	
9:15 A.M.	3			100-METER	LONG JUMP	SHOT PUT	
9:30 A.M.	4	LONG JUMP	55-METER (STAGE 1)		100-METER		
9:45 A.M.	5	55-METER		LONG JUMP	SHOT PUT	100-METER	
10:00 A.M.	6	2 YEARS OLD — 30-METER					
		3 YEARS OLD – 40-METER					
		4 YEARS OLD – 55-METER					
		NATIONAL ANTHEM					
		YOUTH WHEELCHAIR – 200-METER					
10:20 A.M.	7	SHOT PUT	200-METER				
10:35 A.M.	8		LONG JUMP	200-METER			
10:50 A.M.	9		SHOT PUT		200-METER		
11:05 A.M.	10					200-METER	
11:20 A.M.	11		400x200 METER RELAY				
11:40 A.M.	12	1-MILE – STAGE 3					
12:00 P.M.	12	CORRAL LETTERS A, B, C, & D ONLY					
12:05 P.M.			1-MILE – STAGE 2/CORRAL LETTERS E & F ONLY				
12:08 P.M.	13		1-MILE - STAGE 2/CORRAL LETTER G ONLY				
12:10 P.M.			1-MILE — STAGE 2/CORRAL LETTER H ONLY				
ACTIVITIES (ON THE SECOND FLOOR PROMENADE)							

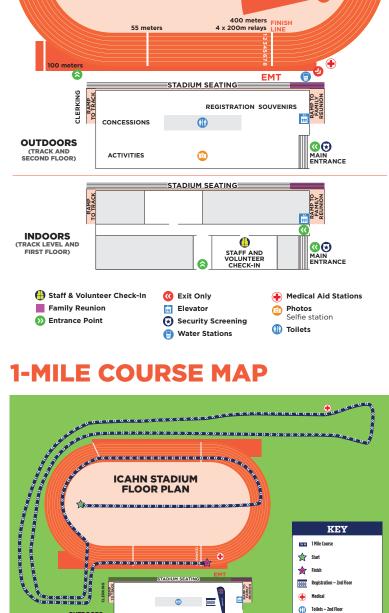
# MAP

subject to run ahead of or behind schedule.

2- to 7-year-olds will have activities ongoing from 9:00 A.M. to 10:00 A.M. 8- to 18-year-olds (Stages 2 & 3) will have activities ongoing from 10:20 A.M. to 11:20 A.M. Please note that start times listed above are estimated. Be sure to arrive on site at least one hour in advance of scheduled events as they are

**ICAHN STADIUM** FLOOR PLAN

LONG JUMP



Randall's Island Park Alliance ICAHN STADIUM

Stage 2 will run in a series of waves (see schedule).

events may run ahead of or behind schedule.

Participants should arrive one hour before their first scheduled event.

Youth ages 5-18 will participate in rotation events (see schedule). Stage 1 youth participants ages 2-4 will participate in a series of activities beginning at 9:00 a.m., and will run dashes beginning at 10:00 a.m. The youth wheelchair 400-meter race will begin at 8:55 a.m. and the 200-meter race will begin at 10:20 a.m. Stage 3 will race 1 mile at 11:40 a.m. and Stage 2 will race 1 mile at 12:05 p.m.

When an event rotation is called, participants should report to the clerking area, which is located on the track at the south end of the stadium. Please pay close attention to rotation announcements, as

In addition to rotation events, there are fitness activities for all ages

For ages 5-11, there is a post-event family reunion area on the bleachers where parents may reunite with their child after their event. Please remove the Child Claim tag from the participant's bib prior to

VENT NOTES

TATA CONSULTANCY SERVICES



**Fitness Activities** 

**FAQs** 

on the second floor promenade.

**Post-Event Family Reunion** 

their first event and show it to an NYRR staff member to release your child from Family Reunion after each event. **Restrooms and Concessions** Restrooms are located on the second floor. Concessions are available on the second floor. Outside food is not allowed in Icahn Stadium.

### Can coaches register their athletes? No. Coaches not enrolled in Rising New York Road Runners' youth program cannot register their athletes. A parent must create an NYRR

No, any child 2-18 can participate.

2, if they are 8-18 and are familiar with running, like playing games and being active, but aren't ready for a competitive event. In Stage 3, if they are 12-18, and are ready for a competitive race.

account to register their child(ren) for the event.

Do participants have to be members of a team?

Do participants receive awards? Stage 1, 2, & 3: All participants will receive ribbons. Stage 3: Top three boys, top three girls, and top three non-binary participants will receive awards. The Stage 3 race will be timed and scored, and results will be posted on <u>results.nyrr.org</u>.

Your child should be in Stage 1 if they are 2-11 and are new to physical activity or running, but like playing games and being active. In Stage

STAGE 3

Ages: 12-18

Competitive, timed

Do boys, girls, and non-binary participants run together? Yes. Boys, girls, and non-binary participants will run together.

#### STAGE 1 STAGE 2 Corral Letters: E, F, G, & H | Corral Letters: A, B, C, & D Corral Letter: I Ages: 2-11 Ages: 8-18

Non-competitive,

various distances

Can I run with my child?

Should my child be in Stage 1, 2, or 3?

Can participants run a relay without four runners? No. All relay teams must have four runners, but participants may be able to find other relay team members at the event. All teams must be assembled before entering the clerking area. Can different age divisions run on the same relay team?

Yes. The relay team will run in the age division of the oldest member.

Non-competitive,

untimed runs

Can different genders run on the same relay team? Yes. Relay teams can include runners of different genders.

New York Road Runners, whose mission is to help and inspire people through running, serves runners of all ages

and abilities through races, community runs, walks, training, virtual products, and other running related programming.
Our free youth programs and events serve kids in New York
City's five boroughs and across the country.