

- 2024 -

NYC HALF MAR 17 2024 MS Manuela Sci w | SUI Event: Half Marath Finish | 00:56:16 NYC John Brady ST Senbere Teferi 05:45:00 Jacob Cas x | USA Event: Half Mar Finish | 1:19:39

Available on the App Store Google Play

START

Runners only No public access

Corrals

3 Toilets

Uolunteer check-in 🚔 Taxi/Car Drop-off Bag check Lactation Space Medical 7TH AVENUE Eastern Pkwy FRANKLIN AVE. Θ_{0} Eastern Pkwy President St. Carroll St. Sullivan Place Empire Blvd QS



CORRALS 7:30 a.m. 8:00 a.m. 9:00 a.m. 6:50 a.m. 8:30 a.m. **OPEN CORRALS** 8:45 a.m. 7:15 a.m. 7:45 a.m. 8:15 a.m. 9:15 a.m. **CLOSE** WAVE 7:50 a.m. 8:20 a.m. 8:50 a.m. 9:20 a.m. 7:20 a.m. START **BAG CHECK:** Eastern Parkway between Franklin Avenue **SECURITY SCREENING:** Eastern Parkway between Underhill 2/3/4 to Franklin Avenue (Bag Check Area) 2/3/4 to Eastern Parkway or Q or B to 7th Avenue (No Bag Check Area) Visit mta.info for up-to-date service. **VEHICLE DROP-OFF:** Bedford Avenue at Eastern Parkway *Please be aware, Flatbush Avenue and Grand Army Plaza are part of the race course and will be closed on race morning for set-up; please avoid these areas.

to the slower wave/corral.

Avenue before security screening.

area or on the course.

with the experts from HSS.

Plan to exit the park at Columbus Circle.

meeting loved ones outside this area due to crowding.

finisher race gear. Visit nyrr.org/runcenter for more info.

POST-RACE TRANSPORTATION

Visit <u>mta.info</u> for up-to-date service.

A/C/D/1 at Columbus Circle

D/E at 7th Avenue

Stage 3: 8:00 a.m. Stage 2: 8:25 a.m. Stage 1: 10:00 a.m.

START

COURSE Science in Sport Gel Zone will be located at mile 6.1 after the Manhattan Bridge. Gatorade Endurance Formula and water will be available at 8 fluid stations

■ No backpacks, props, costumes, or selfie sticks are allowed in the staging

Claim your checked bag on Central Park West between 60th and 63rd streets. All bags not claimed by 1:30 p.m. will be transported to the NYRR RUNCENTER, where they can be claimed on Monday, March 18 after 11:00 a.m. FAMILY REUNION is located on Central Park West between 63rd and 65th streets (friends and family should enter from either 63rd Street or 64th Street

and Broadway and pass through the security screening). We recommend

M at 57th Street

N/Q/R at 57th St./7th Ave.

RISING NEW YORK ROAD RUNNERS The Times Square Kids Run at the United Airlines NYC Half will give youth ages 2-18 a chance to run distances from short dashes to a full mile! The participants will run through the Times Square area on the east side of 7th Avenue between

45th and 56th streets. Stages 1 and 2 will have different wave start times. Please visit individual event pages for a map and more detailed schedule, including staging area, family reunion, and more. LEARN MORE.

discounts on race fees and training, opportunities to save through our Member Offers Program, and access to sold-out races via a members-only standby list. **JOIN NOW!** APPLY NOW TO THE 2024 TCS NEW YORK **CITY MARATHON!** Bridges to boroughs, it will move you. Application closes March 21.

With NEW perks, NYRR members get MORE! Join today to get exclusive access to guaranteed entry programs and to a second-chance drawing to the TCS New York City Marathon and other marquee races. Members also receive

RECOMMENDED SPECTATING LOCATIONS Please note that spectators are not allowed at the start, on the Manhattan Bridge, or on the FDR Drive.

on ABC New York, Channel 7 in the tri-state area.

- CENTRAL PARK: New Balance Cheer Zone (59th Street and Grand Army Plaza), East Drive and West Drive north of 69th Street



Security

😭 Start

Course route





6700-

13099

1-6699

13100-

19499

19500-

25899

25900-

31700

8:30 a.m.

8:50 a.m.

LETTERS

BIB RANGE

BAG CHECK

Runners who wish to run with a friend or the NYRR Pace Team can move back Please consider not bringing a bag to the race. If you check a bag, it must be the clear plastic bag you receive at the United Airlines NYC Half Experience

with the tag affixed. No other bag will be accepted at bag check. Bag check is on Eastern Parkway between Franklin Avenue and Classon

All bags are subject to inspection. Any bag left unattended will be

are allowed. All water bottles must be 1 liter or smaller.

Bins will be located in corrals to donate extra clothing.

■ No hydration backpack/vest with bladder or water reservoir (if your vest allows for both water bottles and a bladder/water reservoir, you are only able to use bottles and they must be in the front pockets of the vest). Fuel belts, hydration vests with bottles in the front, and hand-held water bottles

se an interruption to the day's events

- along the course. **FINISH** The race finishes in Central Park on West Drive at 68th Street (see map). You will receive a medal, a Heatsheet™ Presented by United Airlines, and a Recovery Bag Presented by Hospital for Special Surgery (HSS). Visit the HSS Runner Recovery Zone, where you can stretch and foam roll
- **NYRR RUNCENTER (320 WEST 57TH ST.)** LOST AND FOUND: Lost items will be brought to the NYRR RUNCENTER featuring the NB Run Hub. Stop by after 11:00 a.m. on Monday, March 18, call 855.5MYNYRR, or contact Runner Services at https://help.nyrr.org.

NEW BALANCE GEAR: Stop by the New Balance Run Hub at the NYRR RUNCENTER to shop for the official United Airlines NYC Half event and

Festival: 7:00 - 11:00 a.m. Tata Consultancy Services is proud to support NYRR's youth and community programs and events. **MEMBERSHIP**

APPLY NOW! TWO WAYS TO WATCH

Channel 7 Eyewitness News (6:00 a.m.-10:00 a.m. ET): Coverage of the race, including features, interviews, and pro race look-ins. Available

■ Pro Race Livestream (starting at 7:00 a.m. ET): Available on abc7ny.com, and NYRR's social and digital media channels. Visit abc7ny.com and

MIDTOWN: 7th Avenue at 42nd Street

- - - New York Road Runners, whose mission is to help and inspire people through running, serves runners of all ages and abilities through races, community runs, walks, training, virtual products and other running-related programming. Our free youth programs and events serve kids in New York City's five boroughs and across the country. <u>LEARN MORE.</u> Share Your Love Of Running

 Share Your Love Of Running work, helping and inspiring people

nyrr.org for more information. **BROOKLYN:** Flatbush Avenue north of Grand Army Plaza LOWER MANHATTAN: Pike Street and East Broadway, Division Street and Allen Street, and Canal Street and Allen Street