

New York Road Runners Summer Speed Series #3 - 8/17/2022

Icahn Stadium

Results

Mixed 100 Meter Dash Boys & Girls

Name	Team	Finals
Finals		
1 Henry, Jaaden	M NOVA	11.64
2 Weis, Will	M UNA	12.23
3 Raji, David	M UNA	12.77
4 Burnett, Sierra	W UNA	13.96
5 Ward, Saniya	W NOVA	14.72
6 Damhuis, Livia	W UNA	14.78
7 Zhang, Emma	W UNA	15.68

Mixed 400 Meter Dash Boys & Girls

Name	Team	Finals
Finals		
1 Raji, David	M UNA	1:02.97
2 Phillips, Nylah	W UNA	1:03.10
3 Damhuis, Livia	W UNA	1:09.76
4 Zhang, Emma	W UNA	1:17.84
5 Ward, Saniya	W NOVA	1:19.26

Mixed 400 Meter Dash Men & Women

Name	Team	Finals
Finals		
1 Mignard, Ethan	M UNA	50.47
2 Buckley, Conor	M Brooklyn Tra	53.37
3 Dixon, Chevaughn	M Goldfinger T	54.89
4 Weis, Will	M UNA	56.24
5 Stewart, Michael	M Goldfinger T	56.66
6 Echefu, Ony	M UNA	57.13
7 Wallace, Christopher	M UNA	57.25
8 Guerrier, Gloria	W UNA	57.37
9 Gusmer, James	M North Brookl	57.48
10 Brady, Peter	M Central Park	57.94
11 Zavaleta, Marcos	M UNA	58.97
12 Efthimiou, Peter	M Westchester	59.42
13 Johnson, David	M UNA	59.70
14 Grau, Felipe	M UNA	1:01.47
15 White, Caroline	W UNA	1:02.40
16 negron, selene	W elitefeats A	1:02.76
17 Carroll, Jason	M UNA	1:03.01
18 Bender, Chase	M Dashing Whip	1:03.35
19 Pulatov, Isaac	M Central Park	1:03.45
20 Burkatzky, Frank	M Central Park	1:03.85
21 Ekuom, Joseph	M Paragon Spor	1:06.37
22 Freilich, Gary	M UNA	1:06.46
23 Broyd, Graham	M Westchester	1:07.53
24 Jin, Kwon-Yong	M UNA	1:08.76
25 King, Jonathan	M UNA	1:11.08

26 Baker, Anthony	M UNA	1:18.22
27 Umanah, Ndibmo	M UNA	1:22.69
28 Efthimiou, John	M Westchester	1:34.41
29 Rosado, Mary	W Central Park	2:39.37
--- Herbert, Jeremiah	M NIKE	DNF
--- muhammad, ahmar	M UNA	DNF

Mixed 800 Meter Run Men & Women

Name	Team	Finals
Finals		
1 Carnes, Matthew	M UNA	2:00.26
59.135 (59.135)	2:00.255 (1:01.120)	
2 Herbert, Jeremiah	M NIKE	2:02.49
57.480 (57.480)	2:02.487 (1:05.007)	
3 Barlow, Mason	M UNA	2:05.87
1:00.290 (1:00.290)	2:05.869 (1:05.579)	
4 Donado, Jose	M Lone Wolf Tr	2:06.65
1:02.185 (1:02.185)	2:06.645 (1:04.460)	
5 Brady, Peter	M Central Park	2:06.83
1:03.442 (1:03.442)	2:06.825 (1:03.383)	
6 Pouncy, Derrick	M UNA	2:07.26
1:03.944 (1:03.944)	2:07.252 (1:03.308)	
7 Gusmer, James	M North Brookl	2:07.65
1:02.956 (1:02.956)	2:07.646 (1:04.690)	
8 Dobrynin, Paul	M Central Park	2:09.87
1:03.201 (1:03.201)	2:09.865 (1:06.664)	
9 Gabrellian, Michael	M Central Park	2:10.56
1:04.679 (1:04.679)	2:10.555 (1:05.876)	
10 Guerrier, Victoria	W UNA	2:13.25
1:03.013 (1:03.013)	2:13.249 (1:10.236)	
11 Pulatov, Isaac	M Central Park	2:15.18
1:06.152 (1:06.152)	2:15.178 (1:09.026)	
12 White, Caroline	W UNA	2:19.82
1:04.564 (1:04.564)	2:19.817 (1:15.253)	
13 Bucher, Gwen	W UNA	2:20.41
1:07.380 (1:07.380)	2:20.408 (1:13.028)	
14 Hergenrother, Laura	W UNA	2:21.08
1:08.282 (1:08.282)	2:21.076 (1:12.794)	
15 Freilich, Gary	M UNA	2:22.69
1:11.862 (1:11.862)	2:22.690 (1:10.828)	
16 Bender, Chase	M Dashing Whip	2:23.12
1:10.921 (1:10.921)	2:23.118 (1:12.197)	
17 Curci, Gioanna	W UNA	2:24.63
1:09.849 (1:09.849)	2:24.621 (1:14.772)	
18 Efthimiou, Peter	M Westchester	2:25.25
1:14.385 (1:14.385)	2:25.247 (1:10.862)	
19 Ekuom, Joseph	M Paragon Spor	2:26.48
1:12.422 (1:12.422)	2:26.472 (1:14.050)	



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Name	Team	Finals
20 Scott, Alissa	W UNA	2:28.23
1:12.658 (1:12.658)	2:28.225 (1:15.567)	
21 Greene, Kavan	M Urban Athlet	2:29.29
1:13.061 (1:13.061)	2:29.286 (1:16.225)	
22 Pruser, Nele	W UNA	2:30.31
1:12.250 (1:12.250)	2:30.301 (1:18.051)	
23 Greene, Liam	M Urban Athlet	2:30.98
1:13.814 (1:13.814)	2:30.971 (1:17.157)	
24 Krismer, Konstantin	M Team Osprey	2:35.20
1:15.635 (1:15.635)	2:35.199 (1:19.564)	
25 muhammad, ahmar	M UNA	2:37.65
1:17.824 (1:17.824)	2:37.643 (1:19.819)	
26 Jin, Kwon-Yong	M UNA	2:38.09
1:14.318 (1:14.318)	2:38.084 (1:23.766)	
27 Bender, Evan	M Westchester	2:40.33
1:19.239 (1:19.239)	2:40.326 (1:21.087)	
28 Medina, Peter J	M Urban Athlet	2:41.46
1:20.109 (1:20.109)	2:41.452 (1:21.343)	
29 Purow, Aaron	M Central Park	2:42.34
1:20.466 (1:20.466)	2:42.332 (1:21.866)	
30 Frieder, Jonathan	M Garden State	2:43.54
1:18.888 (1:18.888)	2:43.536 (1:24.648)	
31 Little, Roberta	W UNA	2:43.68
1:19.561 (1:19.561)	2:43.673 (1:24.112)	
32 Buszwatiuk, Sophie	W Lone Wolf Tr	2:43.75
1:18.418 (1:18.418)	2:43.747 (1:25.329)	
33 Geoum, In Sun	M Korean Road	2:45.48
1:23.001 (1:23.001)	2:45.474 (1:22.473)	
34 Kline, Jonathan	M AdiRun Nyc	2:46.96
1:22.298 (1:22.298)	2:46.951 (1:24.653)	
35 McCarthy, Moody	M UNA	2:49.35
1:23.649 (1:23.649)	2:49.347 (1:25.698)	
36 LeShore, Veronica	W Central Park	2:56.78
1:21.687 (1:21.687)	2:56.778 (1:35.091)	
37 Pouncy, David	M UNA	2:59.95
1:18.928 (1:18.928)	2:59.942 (1:41.014)	
38 Efthimiou, John	M Westchester	3:26.67
1:40.648 (1:40.648)	3:26.669 (1:46.021)	
39 Brown, Myron	M UNA	4:05.47
1:56.838 (1:56.838)	4:05.469 (2:08.631)	
40 Rosado, Mary	W Central Park	6:03.65
2:54.952 (2:54.952)	6:03.644 (3:08.692)	
--- Buckley, Conor	M Brooklyn Tra	DNF
1:03.699 (1:03.699)		

Mixed 1500 Meter Run Men & Women

Name	Team	Finals
Finals		
1 Chu, Kevan	M Central Park	4:11.51
46.019 (46.019)	1:49.842 (1:03.823)	2:59.385 (1:09.543)
4:11.503 (1:12.118)		
2 Reed, Nathan	M UNA	4:32.75
50.784 (50.784)	1:59.752 (1:08.968)	3:11.567 (1:11.815)
4:32.744 (1:21.177)		
3 Gabrellian, Michael	M Central Park	4:36.73
54.979 (54.979)	2:09.674 (1:14.695)	3:23.974 (1:14.300)
4:36.726 (1:12.752)		
4 Freilich, Gary	M UNA	4:37.58
58.809 (58.809)	2:14.926 (1:16.117)	3:28.735 (1:13.809)
4:37.571 (1:08.836)		
5 Dorsett, Ronald	M UNA	4:42.51
56.204 (56.204)	2:12.944 (1:16.740)	3:29.443 (1:16.499)
4:42.510 (1:13.067)		
6 Frieder, Jonathan	M Garden State	4:48.83
55.899 (55.899)	2:12.318 (1:16.419)	3:30.318 (1:18.000)
4:48.824 (1:18.506)		
7 Morris, Eric	M Lone Wolf Tr	5:01.11
53.035 (53.035)	2:13.604 (1:20.569)	3:41.225 (1:27.621)
5:01.105 (1:19.880)		
8 Saint-Louis, Dominique	W Central Park	5:14.60
58.125 (58.125)	2:19.741 (1:21.616)	3:47.448 (1:27.707)
5:14.591 (1:27.143)		
9 Baliquig, Daniell	M UNA	5:20.01
1:10.301 (1:10.301)	2:43.205 (1:32.904)	4:08.653 (1:25.448)
5:20.010 (1:11.357)		
10 Fanfan, David	M Central Park	5:20.89
1:06.621 (1:06.621)	2:34.406 (1:27.785)	4:01.014 (1:26.608)
5:20.882 (1:19.868)		
11 Kline, Jonathan	M AdiRun Nyc	5:24.46
1:04.443 (1:04.443)	2:33.283 (1:28.840)	4:01.397 (1:28.114)
5:24.460 (1:23.063)		
12 Bernstein, Frances	W UNA	5:25.15
1:05.344 (1:05.344)	2:34.157 (1:28.813)	4:02.925 (1:28.768)
5:25.146 (1:22.221)		
13 Hashem, Joel	M UNA	5:27.72
1:02.053 (1:02.053)	2:29.408 (1:27.355)	4:00.038 (1:30.630)
5:27.720 (1:27.682)		
14 Carroll, Clare	W UNA	5:27.95
1:07.531 (1:07.531)	2:36.809 (1:29.278)	4:05.957 (1:29.148)
5:27.948 (1:21.991)		
15 Quesada, Kimberly	W UNA	5:28.79
1:04.767 (1:04.767)	2:33.602 (1:28.835)	4:01.791 (1:28.189)
5:28.790 (1:26.999)		



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	Name	Team	Finals
16	Purow, Aaron	M Central Park	5:36.65
	1:09.926 (1:09.926)	2:42.332 (1:32.406)	4:11.805 (1:29.473)
	5:36.641 (1:24.836)		
17	Geoum, In Sun	M Korean Road	5:40.93
	1:06.918 (1:06.918)	2:32.391 (1:25.473)	4:04.281 (1:31.890)
	5:40.930 (1:36.649)		
18	McCarthy, Moody	M UNA	5:51.58
	1:10.423 (1:10.423)	2:43.349 (1:32.926)	4:16.873 (1:33.524)
	5:51.576 (1:34.703)		
19	King, Jonathan	M UNA	6:15.20
	1:08.355 (1:08.355)	2:46.896 (1:38.541)	4:31.090 (1:44.194)
	6:15.192 (1:44.102)		
20	Efthimiou, John	M Westchester	6:57.14
	1:21.874 (1:21.874)	3:13.378 (1:51.504)	5:06.325 (1:52.947)
	6:57.131 (1:50.806)		
21	Lieberman, Hal	M Central Park	8:12.72
	1:30.413 (1:30.413)	3:44.212 (2:13.799)	5:59.599 (2:15.387)
	8:12.715 (2:13.116)		
---	Brady, Peter	M Central Park	DNF
	55.772 (55.772)	2:10.115 (1:14.343)	3:24.506 (1:14.391)

Mixed 4x100 Meter Relay Men & Women

	Team	Relay	Finals
Finals			
1	Una	B	49.31
	1) Stewart, Michael	2) Johnson, David	
	3) Buckley, Conor	4) Dixon, Chevaughn	
2	Una	A	53.55
	1) Morris, Eric	2) Donado, Jose	
	3) Zavaleta, Marcos	4) Baliquig, Daniell	
3	Una	C	56.76
	1) Freilich, Gary		
	3) Grau, Felipe	4) Efthimiou, Peter	

Mixed Long Jump Boys & Girls

	Name	Team	Finals
Finals			
1	Henry, Jaaden	M NOVA	5.48m
2	Gueye, Melissa	W UNA	5.03m
3	Spirakis, Olivia	W UNA	4.52m
4	Bucher, Gwen	W UNA	3.80m
---	Ward, Saniya	W NOVA	FOUL

Mixed Long Jump Men & Women

	Name	Team	Finals
Finals			
1	Vassalli, Andrea	M Google	5.28m



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2	Gueye, Melissa	W	UNA	5.10m
3	Baliquig, Daniell	M	UNA	5.04m
4	Hui, G	W	UNA	4.13m
---	Efthimiou, Peter	M	Westchester	FOUL

