ICAHN STADIUM, RANDALL'S ISLAND SATURDAY, OCTOBER 15, 2022



#RisinaNYRR



STAGE 1 REGISTRATION OPENS: 7:45 A.M. ROTATION TIME 5-6 YEARS **7-8 YEARS 9-11 YEARS**



SHOT PUT

LONG JUMP

100-METER

4X200 METER RELAY

200-METER

100-METER

LONG JUMP

LONG JUMP

KEY

A Start

SHOT PUT

100-METER

SHOT PUT

200-METER

2- to 4-year-olds will have activities ongoing from 10:05 to 10:45 A.M. 8- to 18-year-olds (Stage 2 & 3) will have activities ongoing from 11:25 A.M. to 1:00 P.M.

ACTIVITIES (ON THE SECOND-FLOOR PROMENADE) 5- to 11-year-olds will have activities ongoing from 9:00 to 10:00 A.M.

LONG JUMP

200-METER

SHOT PUT

MAP

11:55 A.M.

12:25 P.M.

12:55 P.M.

1:25 P.M.

ROTATION 6

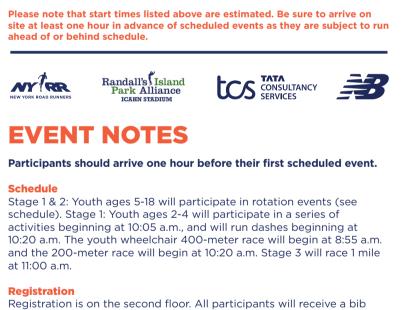
ROTATION 7

ROTATION 8

ROTATION 9



TO TRACK



that they will wear during their events. Please complete the emergency

When an event rotation is called, participants should report to the clerking area, which is located on the track at the south end of the stadium. Please pay close attention to rotation announcements as

For ages 5-13, there is a post-event family reunion area on the bleachers where parents may reunite with their child after the event. Please remove the Child Claim tag from the participant's bib prior to their first event and show it to an NYRR staff member to release your

child from the family reunion area after each event.

In addition to rotation events, there are fitness activities for all ages on the second floor promenade.

Post-Event Family Reunion

Restrooms and Concessions

events may run ahead of or behind schedule.

information on the back of the bib.

Rotations

Fitness Activities

FAQs Do participants have to be members of a team? No. Any child ages 2-18 can participate. Do boys, girls, and non-binary participants run together?

Yes. Boys, girls, and non-binary participants will run together.

Stage 1, 2, & 3: All participants will receive ribbons. Stage

Restrooms are located on the second floor. Concessions are available on the second floor. Outside food is not allowed in Icahn Stadium.

3: Top three boys, top three girls, and top three non-binary participants will receive awards. The Stage 3 race will be timed and scored, and results will be posted on results.nyrr.org.

Can coaches register their athletes?

Do participants receive awards?

an NYRR account to register their child(ren) for the event. Should my child be in Stage 1, 2, or 3?

Your child should be in Stage 1 if they are age 2-11 and are new to physical activity or running, but like playing games and being active.

No. Coaches not enrolled in Rising New York Road Runners® youth programs cannot register their athletes. A parent must create

In Stage 2, if they are 8-18 and are familiar with running, like playing games and being active, but aren't ready for a competitive event. In Stage 3, if they are 12-18, and are ready for a competitive race.

Can participants run a relay without four runners? No. All relay teams must have four runners, but participants

may be able to find other relay team members at the event. All teams must be assembled before entering the clerking area. Can different age divisions run on the same relay team? Yes. The relay team will run in the age division of the oldest member.

Can different genders run on the same relay team? Yes. Relay teams can include runners of different genders.

Can I run with my child? Only parents of participants ages 2-4 may run with their child.

New York Road Runners, whose mission is to help and inspire people through running, serves runners of all ages and abilities through races, community runs, walks, training, virtual products, and other running-related programming. Our free youth programs and events serve kids in New York City's five boroughs and across the country.