



WASHINGTON HEIGHTS 5K

SALSA, BLUES, AND SHAMROCKS

NEW YORK ROAD RUNNERS

MARCH 2, 2025 • 9:00 A.M. • 3.1 MILES
#WashHeights5K

KEY

- [Start](#)
- [Finish](#)
- [Mile markers](#)
- [Course route](#)
- [Water station](#)
- [Baggage](#)
- [Toilets](#)
- [Medical](#)
- [Run Club Cheer zone](#)
- [Rising New York Road Runners](#)
at the Washington Heights
Salsa, Blues, and Shamrocks 5K
- [Volunteer check-in](#)

RACE-DAY CENTRAL

- [Registration](#)
- [Souvenirs](#)

ELEVATION CHART (NOT TO SCALE)

