



NYRR
WASHINGTON HEIGHTS 5K
SALSA, BLUES, AND SHAMROCKS
NEW YORK ROAD RUNNERS

MARCH 5, 2023 • 9:00 A.M. • 3.1 MILES
#WashHeights5K

KEY

- Start**
- Finish**
- Mile markers**
- Course route**
- Water station**
- Bag Check**
- Toilets**
- Medical aid**
- Run Club Cheer zone**
- Rising New York Road Runners**
at the Washington Heights
Salsa, Blues, and Shamrocks 5K

RACE-DAY CENTRAL AT THE ARMORY

- Number Pick-up (3rd floor)**
- Toilets**
- Volunteer check-in (1st floor)**

ELEVATION CHART (NOT TO SCALE)

