



tcs
NEW YORK CITY
MARATHON

Training Series 10M

AUGUST 11, 2024 • 7:00 A.M. • 10.0 MILES
#TCSNYCMarathonTraining

KEY

- [Start](#)
- [Finish](#)
- Mile markers**
- Kilometer markers**
- Course route**
- Gatorade® Endurance Formula**
- Water stations**
- Toilets**
- Medical aid**
- Bicycle Parking**
- NYRR RUNCENTER**
featuring the NB Run Hub

RACE-DAY CENTRAL

- Number pickup**
- Bag check**
- Toilets**
- Volunteer check-in**

ELEVATION CHART (NOT TO SCALE)

