
















**NYRR**  
**FROSTY**  
**5K**  
NEW YORK ROAD RUNNERS

DECEMBER 14, 2024 • 8:00 A.M.  
3.1 MILES • PROSPECT PARK  
#NYRRFrosty5K

**KEY**

-  [Start](#)
-  [Finish](#)
-  **1** Mile markers
-  **»»** Course route
-  Water stations
-  Toilets
-  Medical aid
-  [Rising New York Road Runners](#) at the Frosty 5K

**RACE-DAY CENTRAL**

-  Number pickup
-  Bag check
-  Toilets
-  Volunteer check-in
-  Water station



**ELEVATION CHART (NOT TO SCALE)**

