



DECEMBER 10, 2022 • 8:00 A.M.
3.1 MILES • PROSPECT PARK
#NYRRFrosty5K



KEY

- Start
- Finish
- Mile markers
- Course route
- Water stations
- Toilets
- Medical aid
- Rising New York Road Runners at the Frosty 5K

RACE-DAY CENTRAL

- Number pickup
- Bag check
- Toilets
- Volunteer check-in
- Water station

ELEVATION CHART (NOT TO SCALE)

