



**NYRR**  
**VAN CORTLANDT PARK**  
**CROSS COUNTRY**  
 NEW YORK ROAD RUNNERS

SEPTEMBER 24, 2023 • 9:00 a.m.  
 3.1 MILES • VAN CORTLANDT PARK  
 #NYRRCrossCountry

**KEY**

- Start
- Finish
- Course route
- Toilets
- Medical aid

**RACE-DAY CENTRAL**

- Number pickup
- Bag check
- Water station
- Volunteer check-in
- Bicycle parking
- RNYRR Youth Registration

**ELEVATION CHART (NOT TO SCALE)**

